



# THEOPHILUS CAMPUS PULSE

NEWS LETTER OF MAR THEOPHILUS TRAINING COLLEGE  
MAR IVANIOS VIDYA NAGAR, NALANCHIRA, THIRUVANANTHAPURAM - 695 015, KERALA  
www.mttc.ac.in  
RE-ACCREDITED BY NAAC WITH 'A' - GRADE

Moulding Teachers  
since 1958

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## *Advance wishes for our Patron*

For the completion of 12 years as  
Major Archbishop Catholicos  
of the Malankara Catholic Church

### *From the Principal's Desk*

## On the Wings of RUSA 2.0 to Our Dreams

The great advantage of the past two cycles of NAAC accreditation process undertaken by the college became fruitful this year. Our College has selected for the infrastructural development scheme of Rashtriya Uchchatar Shiksha Abhiyan (RUSA) project. Many People in the recent past were skeptical about the status of accreditation by National / International Agencies as a mark of aristocratic outlook and academic elitism. The rather expensive cycles of accreditations the college underwent in 2004 and 2014 raised the eyebrows of many; to recollect. The present recognition reminds us that hard work never goes in vain. The current CGPA of NAAC accreditation is 3.25 out of four which is just 0.1 below the A plus grade. It is interesting to note that when the Govt. of Kerala forwarded our application to the central screening committee of RUSA; among the selected nine Teacher Education Colleges in Kerala, Mar Theophilus Training College had a cumulative top rating against the criteria. This is a clear index of the academic and co-curricular level edge that we have been maintaining through the yester years.

The selection of the college to RUSA 2.0 for the Infrastructural Development Grant, has paved the way for the college community to fly towards its dreams. It is expected to receive a total sum of Rupees Two Crore in two instalment. We have forwarded a Detailed Project Report (DPR) to the Kerala State project office of RUSA which is under the process of vetting. The Centre - State share of fund is 60:40. We have also forwarded an agreement as MOU with the State Government; undertaking the transparent and strict adherences to the objectives of RUSA scheme and terms of utilization of the grant-in aid. Within a few weeks the first instalment of 1 crore is expected to be transferred to the NFMS powered saving bank account specifically opened for the purpose. The dual phase of fund utilization is expected to be finished by 2020 March and hence a brisk and mission targeted action is expected from all concerned. The details of the plan of Action with all specifications will be disclosed in the next issue of the news letter. Sincere Thanks to all stake holders for the support rendering so far. Soliciting your collaboration in the future too.



Dr. K. Y. Benedict  
Principal



## TRANSACTIONAL ANALYSIS: A KEY FOR EFFECTIVE TEACHING

Transactional Analysis offers a way of understanding for teachers on what is happening on a social level within the classroom and within them. It provides a map, a framework to start hanging experiences on. Here's a list of a few features of Transactional Analysis and how they can be used by teachers. By learning Transactional Analysis a teacher can gain more insight to how human relationships. They can make more sense of the behaviour they see around them and put it into a wider context. Transactional Analysis provides a language to explain why certain classroom management techniques are going to be more effective than others and gives permission for the teacher to retain humanness in the face of adversity.

TA helps a teacher to identify the ego-state in which he/she should interact with child to give best results. An awareness of TA would thus improve teacher-student interaction which in turn would improve the quality of learning experience for the student and provides immense satisfaction to the teacher. A teacher should be able to analyse the situation in order to ascertain the existing ego state of the child and accordingly choose an appropriate ego-state for herself. All this is possible only if the teacher herself is aware of the possible interactions which can acquire through a thorough knowledge of TA. TA helps to the modification of unsatisfactory behavior by changing the way to communicate with others.

Salini S

## AIRIO ANNUAL MEET



AIRIO annual meet was held on 16<sup>th</sup> and 17<sup>th</sup> April at Mar Baselios College of Education Sultan Bathery Wayanad. Dr. Giby Geevarughese has elected as Global treasurer of AIRIO, Dr. Bindu B selected as the National Executive body member and Dr. Ancy A. S. as the Treasurer of the Kerala Chapter.

*Congratulation to the AIRIO Members*



## ON LINE EXAMINATION

4<sup>th</sup> semester online examination for this academic year was conducted on 10<sup>th</sup> and 11<sup>th</sup> May 2018. Dr.Laji Varughese and Ms. Shiney Jacob served as the examiners of Mar Theophilus Training College.

## TWO YEAR B.Ed. CURRICULUM REVIEW

The Board of Studies in Education (UG) conducted a Review meeting of two year B.Ed degree was held on 3<sup>rd</sup> April 2018. Dr. Jebamalai Vinanchiarthi, Developmental Economist delivered the keynote address. The principals from various colleges participated in this gathering and they shared the pros and cons of the existing B.Ed. Programme.

## CAMPUS INTERVIEW

Placement cell of MTTC organised a campus interview on 6<sup>th</sup> April 2018 at college campus. Around 7 schools representatives participated. The Progenies of Mar Theophilus Training College who were in other schools and colleges also included in this session. They all eagerly attended the session and most talented one got the Job opportunity.

## COMMUNITY LIVING CAMP

2017-19 B.Ed. batch, as part of their curriculum requirement (3rd Semester) a community living camp was organised at the Youth Hostel Veli from 29<sup>th</sup> May 2018 to 2<sup>nd</sup> June 2018. The inauguration ceremony was done by the Dr. Esther Gladiz, the Former Principal of Mar Theophilus Training College. Dr. K. Y. Benedict delivered a talk to the inaugural session. Dr. Laji Varghese was the coordinator of the camp and Mr. Nadhanine J. P assistant coordinator. All the teachers gave whole hearted support for the successful completion of the camp. Dr. C. John Panicker renowned ENT surgeon and Mr. Sreejith IPS who were the eminent personalities who took the prominent classes.





## COLOURFUL ARRAY OF SCORES

The most awaited result of fourth semester B.Ed Degree examination was published on 31<sup>st</sup> May 2018. The student upheld the integrity of the college with astonishing performance. Ms. Shilpa S. Nair and Ms. Arya Prasad of Natural Science optional bagged the 1<sup>st</sup> rank and 3<sup>rd</sup> rank of the university. Around 80% percentage of students secured above Distinction Marks and others got a notable grade point average score in the examination.

*Congratulations to the winners*



Shilpa S. Nair



Arya Prasad

## Editorial

The fresh batch of B.Ed and M.Ed students have joined the college with youthful zest and vigour. The academic year came to a grand opening with a prayerful and colourful freshers induction programme. The RUSA fund of two crore took the college community by surprise. It was comforting to know that the hard earned high NAAC score was finally being rewarded. The college sprung to a fresh sprout of life with a number committees to steer the process of preparing projects for the anticipated funds. It was fortunate that the patron decided to continue his relentless support. The State Government too had been lenient to the college, recognising the colleges' contribution in to the field of teacher education. Let's be hopeful that posterity will witness the college in greater heights and better prospects.

Mrs. Shiney Jacob  
Dr. Laji Varghese

### MITC FACULTY MEMBERS AS THE EXTERNAL EXAMINERS OF THE KERALA UNIVERSITY

1. Dr. Giby Geevarghese served as the co-ordinator of external evaluation for 1<sup>st</sup> & 2<sup>nd</sup> phase of University Examination.
2. Dr. Bindu B & Dr. Laji Varghese Served as the Chairman of external evaluation for 1<sup>st</sup> & 2<sup>nd</sup> phase of University Examination.
3. Ms. Deepthi Elizabeth Mathew and Ms. Shiney Jacob were served as the examiner of external evaluation for 1<sup>st</sup> phase of University Examination.
4. Dr. Ancy A. S. served as the examiner of external evaluation for 2<sup>nd</sup> phase of University Examination.

## 'F5 The Teacher in You'

Teacher competency acceleration programme for B.Ed, Graduates and teachers were conducted on 8<sup>th</sup> June 2018 by IQSC at M.Ed Hall. Dr. K. Y. Benedict, Dr. Giby Geevarghese, Dr. Laji Varghese, Dr. Joju John, Dr. Neena Thomas and Mrs.Salini were the resource persons.



## PTA Meeting

PTA meeting for the 2017-19 batch was held on 22<sup>nd</sup> June Friday 2.00pm at Seminar Hall II. On the occasion, Dr. K. Y. Benedict and Dr. Maya S. discussed the details about teaching practice and progress of students' academic level.



## CLUB FORMATION

Club formation of 2018-19 academic year was held on 11<sup>th</sup> July 2018. Students were divided into different clubs and teacher in charge also allotted on the same day. An executive meeting was held to select the president & secretary of different clubs.

## Prayerful wishes for Teaching Practice

Before any action we seek His Grace. 2017-19 batch students were allotted to different schools on 20<sup>th</sup> June. An Inter religious prayer was on 19<sup>th</sup> June by AICUF and attendance register of each schools were distributed to the group leaders. Four schools were selected for the practice teaching, St. Mary's HSS, Pattom, St. Georetti's H.S.S., Nalanchira, St. John's HSS, Nalanchira and Govt. Girls H.S.S., Peroorkada were selected for the practice.





## PTA GENERAL BODY MEETING

General body meeting of PTA was held on 4<sup>th</sup> July after the inaugural session at the auditorium. Executive members from the new M.Ed. and B.Ed batch of 2018-20 were selected in the meeting and first executive meeting was also gathered over there.



## Friendship Day Celebration

Natural Science Association 'Prithvi' organised friendship day celebration on 6<sup>th</sup> August 2018 with a video presentation and a small message. They also distribute a smiley to all the students, teaching and non-teaching faculty members.



## Essay writing competition

Sathya Sai Seva organisation conducted an essay writing competition on 6<sup>th</sup> August 2018 AN at the general Hall Mar Theophilus Training College. Two students from each optional participated in the competition. Mr. Aju, Ms. Binsu and Sr. Lincy bagged the first, second and third prizes respectively. The title of the essay competition was "My idea of an ideal person. (എന്റെ സമൂഹത്തിലെ ഏകദേശത്തിനുവേണ്ടി മാതൃകയാക്കണം)"

## TALENT HUNT

The talent Hunt programme of the academic year 2018-20 was started on 19th July 2018 by M.Ed students with a variety of programmes. It was really enjoyable and interest.



English Association 'Virtuoso' exhibit their talents on 23<sup>rd</sup> July 2018 with a variety of programmes followed by the talent show of Malayalam optional 'Rithu'. Natural science Association Radosums and Mathematics Association 'Excelsior' got opportunity to exhibit their talents on 24<sup>th</sup> July 2018. Physical Association Insight and Social Science Association 'Agora' exhibit their talents on 25<sup>th</sup> July 2018.



## Visit to Shalom Special School, Vattapara

As part of the social visit of B.Ed programme, the MTTC family members visited Shalom Special School, Vattapara on 10<sup>th</sup> August 2018 under the leadership of the mentors Dr. Joju John and Dr. Giby Geevarghese. It provided a special experience to the student teachers and they came to know about the difficulties faced by the differently abled students. It also provided an open heart approach towards the different strata of the society and to treat them on par with each one of us.



## Field Trip Visit

On 16<sup>th</sup> October 2018 the first year students of MTTC organized a field trip visit. Each optional visited different institutions of their area of interest for getting a first hand experience. Dr. Jagi Varghese and student teachers of English optional visited SCERT, Poojapura, Thiruvananthapuram. Mr. Nadhanine J.P. and the student teachers of Malayalam optional visited Podiyakala tribal area and Neyyadam.





Ms. Deepthi Elizabeth Mathew and the student teachers of Mathematics optional visited Priyadarshini Planetarium. Ms. Shiney Jacob and student teachers of Natural Science optional visited Snake Park, Herbal Gardens and Research Institution at Poojapura. Dr. Bindhu B. and students teachers of Social Science optional visited Kanakalurnu Kottaram, Rangamalika and Legislative Assembly at Trivandrum. Dr. K. Y. Benedict, the Co Mentor Mr. Ronaki Rose and student teachers of Physical Science visited Priyadarshini Planetarium, Thiruvananthapuram.



### SEED PAPER PEN DISTRIBUTION BY PRITHVI

Natural science association Prithvi on 8<sup>th</sup> August 2018 distributed paper pen to all the members of MTTC family for preventing plastic waste by avoiding plastic pens. After the use of the pen, the seed inside the paper pen will become a tree. It was a good message to preserve our environment.



### Independence Day Celebration

MTTC Family commemorate the 72<sup>nd</sup> Independence day celebration with campus cleaning followed by the food preparation and sharing under the leadership of Dr. K. Y. Benedict and Dr. Jose T. P. Cultural sharing was also held on 14<sup>th</sup> forenoon. On 15<sup>th</sup> August 2018 MTTC family hoisted national flag and distributed the sweets. There after students sung a song of National Integration.



### Lending Hands to the Flood Affected Area



MTTC Family join hands to the flood effected area the whole students teachers of B.Ed, M.Ed. and Research scholars collected necessary materials for the needy which was worth

around ₹1,15,000, to the victims of flood. The Management and college family collected ₹25,000 and handover it to the Chief Minister Flood Relief fund. College staff collected ₹10,000 and handover it to the Archbishops Flood Relief Fund.



### Teacher's day Celebration

62<sup>nd</sup> College Union organised a programme related to Teacher's day 'Gurucharya 2018' on 5<sup>th</sup> September 2018 at the auditorium. On the occasion they honoured the chief guest



'Ganapathy Potty who had owned the best teacher award. Bursar, Principal and all the faculty members participated in the celebration. They honoured the teachers in the traditional way.

### Visit to Natana Gramam

Arts and aesthetic visit to Natanagramam National Dance Museum Thiruvananthapuram was on 26<sup>th</sup> October 2018 under the mentorship of Dr. Maya S. and Dr. Ancy A. S. The major motives of arts and aesthetic trip were to develop an interest in various arts forms and also to understand the feasibility of these type of institutions for the future generation.



### Srishti 2K18

The Literary Fest of 62<sup>nd</sup> college Union 'Srishti' 2K18 was conducted on 11<sup>th</sup> and 12<sup>th</sup> September. The students were divided into 3 groups - Periyar, Nila and Pamba. Students participated in the fest with great enthusiasm and team spirit.



## Post - Flood Relief Efforts



First year B.Ed. students (2018-20) hatch along with the second years and the faculty members joint hands in unison with Government of Kerala in the march, towards the creation of 'Navakerala, by lighting the lamp and marking their creative identify on a king size canvas. Dr. K. Y. Benedict Principal initiated the programme with his message on the canvas and Dr. Gily Geewarghese delivered message in the concluding session.

## Arts Fest 2018



The annual Arts Fest 2018 of the college - 'Navadalam' was staged on the college auditorium on 18<sup>th</sup> and 19<sup>th</sup> of September 2018. Mr. Jayachandran Kadambana, Master of Nadanpattu inaugurated the programme. The artistic talents of the students were showcased on the two platforms of Neelakurinji and Sanghupashpam.

Team Nila won the top score in the Arts Fest 2018, Periyar secured the second place and pamba 3<sup>rd</sup> place respectively.

Meenu Mariyam from 1<sup>st</sup> year English optional selected as Sargaprabhitha. Aromal Sreekumar was selected as the Kalaprabhitha and Tintu Elza Abraham as Kalathilakam.



## Sports Meet



Annual Sports meet was held on 28<sup>th</sup> September 2018. It starts with a march past and Principal Dr. K.Y. Benedict received the salute. All the students participated in the venture and Periyar secured the highest position, Pamba and Nila Secured the next two positions respectively. Mr. Maneesh from 1<sup>st</sup> year Physical Science Optional was selected as the men champion and Ms. Ammu from 1<sup>st</sup> year Malayalam Optional was selected as the women champion.

Periyar team secured the overall top position in the Arts & Sports meet. Nila & Pamba secured the next two positions respectively.



## SPARKZ - 2K18

The annual SPARTZ competition for the year 2018 was held on 4<sup>th</sup> & 5<sup>th</sup> October 2018 at the college auditorium. The two day programme that was conducted was the result of the zest and organisational capacity of the 62<sup>nd</sup> College Union. The varied item in the competition include Best Prospective Teacher selection, inter collegiate Quiz Competition & Intercollegiate Badminton Competition.



## INTER COLLEGIATE QUIZ

Ajith Raj and Anupama of S. N. Gurukripa College won the first prize for the Inter Collegiate Quiz Competition. The host team won the runner up trophy.





## Ezhuthachan Quiz

Malayalam Association organised Ezhuthachan Quiz Competition. Ms. Athira of 1<sup>st</sup> year B.Ed and Ms. Feleeshia John 2<sup>nd</sup> year B.Ed of Mar Theophilus Training College grabbed the trophy.



## UNION ELECTION



The 63<sup>rd</sup> College Union election was held on 11<sup>th</sup> October 2018 on the Seminar hall and the following members were elected as union representatives. Chairman - Rabul Raj, Vice Chairperson - Meenu Mariam, General Secretary - Anoop M. S., Magazine Editor - Aju, Arts Club Secretary - Gayathri G. S., Sports Secretary - Maneesh (Men) and Ammu S. S. (Women) Lady Representatives - Jinu and Anakha Murali.

## INTER COLLEGIATE BADMINTON COMPETITION

Inter Collegiate Badminton Competition (Men) the host team bagged the trophy and Govt. College of Teacher Education, Thycaud secured the Runner up position. Govt. College of Teacher Education Thycaud grabbed the Women Badminton trophy and the host team secured the runner up position.



## OATH TAKING CEREMONY



63<sup>rd</sup> college union took Oath on 12<sup>th</sup> October 2018. At the portico members of the union took pledge and sign the document in the presence of Principal Dr. K. Y. Benedict, teachers and the whole MITC family. After that the first executive meeting was held at Principals Chamber. Mrs. Shiney Jacob of teaching faculty selected as the Union Advisor.



## BEST TALENTED PROSPECTIVE TEACHER AND BEST SCIENCE TEACHER

Ms. Feleeshia John of (Social Science Optional) Bagged the Best Talented prospective teachers Award. Ms. Athira Rajan from BNV College won the Best Science Teacher Award.



## NEWS ON RESEARCH WING

M.Ed. students attended the seminar on "Learn from the masters - a research skill development initiative" by MITC research center on 22/09/2018. The chief dignitary who visited and gave an enriching lecture being Dr. Somanathan from Kerala University, Statistics department. The seminar opened with a session devoted to the use of statistics in daily life and ways to visualize data. The session also elaborated on the uses of statistical equations to solve research problems and software associated with statistics.





## AVENUES LEAPED

Mar Theophilus Training College Research Wing submitted the first assigned project on "Developing of a Course Book to Nurture Teaching Efficiency in Chemistry Using Visual Ethnographic Approach". The project was approved by Kerala State Council for Science, Technology and Environment, Government of Kerala, Thiruvananthapuram and sanctioned an amount of ₹ 1,00,000. The work was done by Dr. Neena Thomas, Asst. Prof. M.Ed. Dept. under the guidance of Dr. K. Y. Benedict. The project was to find out the Effectiveness of the Course Book in Visual Ethnography for Nurturing Teaching Efficiency in Chemistry and designed a scale to assess the Visual Ethnographic Presentation in a Science Text book termed Visual Ethnographic Trait Analysis Scale.



## IMG visit by M.Ed. students

The prospective teacher educators (1<sup>st</sup> year M.Ed. students) from Mar Theophilus Training College visited Institute of Management in Government (IMG) from 6<sup>th</sup> -17<sup>th</sup> August 2018. It was well organized, developed & most ideal in every aspects of learning, teaching, administration & management aspects.



## Post Graduate Corner

### Warm Welcome to the New Batch

M.Ed. 2<sup>nd</sup> year students held a welcome for the latest batch of students at M.Ed. department on 10/7/2018. The department was delighted in welcoming the new students who have joined this year. A warm welcome was arranged followed by talent show.



### Title fixation and completion of Dissertation

The work on M.Ed. 2<sup>nd</sup> year dissertation started with approval of title for the research work prior to approval. The dissertation serves as the sole ground for coursework and research report in the third semester. During this period the second year M.Ed. students closely interacted with their supervising teachers with whom they work closely over the course of their studies. The dissertation was completed successfully by M.Ed. second year students during the period from May to October 2018.



## Flood Relief Activity

Onam celebrations were with held since much of the effort was put into relief activities by the college community. M.Ed. department joined the relief efforts with 1<sup>st</sup> and 2<sup>nd</sup> year students donating necessary materials and money for relief camps. It was packed and transported to Pandalam camps as a joint effort by MTTC students on 17/08/2018.



## Tableau competition

A tableau competition (open air) was organized by Team Meraki (1st year M.Ed. students M.Ed. Department) on 10/10/2018, World Mental Health day based on the theme: "Young People and Mental Health in a Changing World". Six optional classes from B.Ed. participated in the competition. The students formed groups and expressed their thoughts on the issue. Judging was performed by teaching Faculty Of MTTC.



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